

# **SUPERVISING THERAPISTS and STUDENTS**

Dr. Greg Madison



This is a rare opportunity to enjoy an introductory training in Clinical Supervision for anyone who is currently, or is considering taking on, supervision duties.

In this course, you will learn: a simple model of effective supervision; how to maintain an open attitude as a supervisor, and how to encourage your supervisees to stay with the murkiness, even when the client is eager for answers. Prior readings will help participants come with questions in mind; instruction will be tailored to the needs of the group; and you will have the chance to partner with fellow participants to practice your supervision skills.

While a supervisee recounts their work the body quite naturally re-creates how that person lives in the situation with their client. Paying attention to how the body responds brings real change in how the situation feels in the future. Integrating an experiential awareness into clinical supervision offers an elegant way to get below unhelpful patterns and stuck relationships and to gain insight that verbal discourse alone can obscure.

In our efforts to maintain an open attitude of un-knowing, being open to what wants to emerge in the therapy relationship, it is helpful to have a supervisor who knows about the values and sensitivities of a phenomenological approach.

The supervision style offered is designed to be cross-modality so that it can be integrated as a phenomenological sensitivity to what is happening with clients and supervisees no matter what model of therapy is used. The two days will be informal and participatory.

*'Evocative supervision offers to deliver us from the mundane and inspire us to work from the broadest possible life perspective. Such moments should sear away any accrued professional arrogance or defensive practice to reveal the humility of the moribund human. Evocative moments in supervision can make the familiar dazzle with novelty and poetic expression.... Focusing on the bodily implicit can connect us to a self-responding infinity'... (Greg Madison, Evocative Supervision).*

### **WHO SHOULD ATTEND**

This course is intended for any Therapists, Counsellors and Psychologists who seek training in how to supervise other professionals and students on placement. Others who work in similar capacities (such as clergy or coaches) who would like to take the course may request permission of the instructor.

### **COURSE DETAILS**

The course consists of two days in Edmonton AB. August 29-30, 2015 9am - 4:30 p.m. Location will be confirmed closer to the date of the course.

### **ABOUT THE INSTRUCTOR**

Born in Canada and currently based in the UK, Greg is a Registered Psychotherapist (UK, EU & World Certified), Chartered Counselling Psychologist (BPS & HCPC), Registered Coach & Mediator, Senior Lecturer, Researcher, Author, Associate Fellow of the BPS & International Trainer.

Greg Madison, PhD, teaches Focusing therapy internationally at university graduate programs and training institutes and also maintains a private practice as a psychologist and existential psychotherapist. Greg is an experienced clinical supervisor and emphasises the therapeutic relationship and existential themes in his work with supervisees. Greg is co-editor of the journal Existential Analysis and of the book Existential Therapy: Legacy, Vibrancy, and Dialogue. He is also author of the book The End of Belonging and editor of two recent texts, Theory and Practice of Focusing-Oriented Psychotherapy. Beyond the Talking Cure and Emerging Practice in Focusing-Oriented Psychotherapy. Innovative Theory and Applications. Greg divides his time between his home in Brighton and his retreat in Andalucia. As a Canadian living abroad, he has a personal and research interest in what it is like to live as a foreigner and the experiences of feeling 'at home/homeless' and what it means to belong in the world.

## **REGISTRATION**

Tuition--\$550 for the two day course. Some reduced fee places may be available for those on low income.

How to register:

Please contact sherry McDonald, the Registrar via email at [sherry.mcdonald@sasktel.net](mailto:sherry.mcdonald@sasktel.net) for the registration form. Then both scan and email the registration form to the address above or send it by ground mail: Attention Holly Miller, Community Counselling Centre, Suite 202, 10534 124 St. N.W., Edmonton, AB. T5N 1S1. Please make the cheque out to Holly Miller and mail to the above address.

## **COURSE POLICIES:**

Greg's workshop invites experiential practice and so numbers are strictly limited.

Refund policy: A full refund minus a \$50 administrative fee will be given to participants who cancel at least 14 days prior (by August 15). Cancellations given between Aug. 16 and Aug. 21 will receive a 50 % refund—minus the \$50 administrative fee. Cancellations of under 7 days (i.e. by Aug 22) are non-refundable.

## **CONTACT US**

For any questions regarding the course or registration please email sherry McDonald [sherry.mcdonald@sasktel.net](mailto:sherry.mcdonald@sasktel.net) or phone sherry @ 306 2293497.