

# Mindfulness- Oriented Interventions for Trauma

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*Integrating  
Contemplative Practices*

edited by Victoria M. Follette, John Briere,  
Deborah Rozelle, James W. Hopper,  
and David I. Rome

*To D. H. who helps me on the path—VMF*

*To Cheryl Lanktree, for her support  
with this book and in all other things—JB*

*To Gelek Rimpoche, whose guidance, life,  
and work are an inspiration and model—DR*

*To DaRa Williams, former Director of the Women's  
Wellness Project at the Garrison Institute—DIR*

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